



# MANNA

JpS team  
navigating the  
challenges of rural  
Mozambique to  
deliver life-saving  
health education

## Overcoming **OBSTACLES**

**MAY 2026**  
**NEWSLETTER 110**

**PARTNERING WITH THE ANGLICAN CHURCHES IN  
MOZAMBIQUE & ANGOLA**

# ABOUT US



We are MANNA.  
We are intent on  
investing in the  
building up of the  
local Anglican  
churches  
in Mozambique &  
Angola.

By doing this, we  
enable these  
churches to support  
their communities &  
grow community  
development  
projects.

These churches face  
the enormous  
struggles of extreme  
poverty &  
injustice whilst  
trying to care for the  
vulnerable and  
bring about good  
long-term change  
through being the  
Good News.

Thank you for your  
support.

Registered Charity No. 262818

# CONTACT US

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# Nora Sturges Health Centre Pharmacy

DIOCESE OF CENTRO E SUL, ANGOLA

## Building a future

Established in 2003, the Nora Sturges Health Centre serves one of the most economically vulnerable communities in Lobito, Angola.

While much of the nation's health infrastructure remains under immense pressure, this vital clinic has persevered thanks to the faithful support of MANNA and dedicated individuals. However, recognizing that a reliance on emergency aid is not a long-term solution, the Diocese of Centro e Sul has launched a strategic roadmap to transition the centre toward lasting sustainability. By building a pharmacy, the Diocesan Health Centre is then permitted to sell medicines to the public.

In the future the profit from the pharmacy will pay the salaries of the clinic ensuring sustainability. It is almost ready to open and serve the local communities.



### SNAPSHOT of HEALTH in ANGOLA:

Angola continues to grapple with a high burden of communicable diseases, with **malaria** remaining the leading cause of death and illness nationwide. **TB** also poses a significant threat alongside the prevalence of non-communicable diseases such as **hypertension and cardiovascular** conditions which is rising steadily.

Furthermore Angola maintains some of the world's highest rates of **under-five mortality** & adolescent birth rates, fueled by structural challenges and food insecurity.



# Responding to Climate Frontline Emergencies

In recent months, the devastating intersection of environmental crisis and public health has hit some of our partner dioceses with unprecedented force.

MANNA responded swiftly with emergency grants to support those displaced by **severe flooding** in Maciene and Libombos, Mozambique in February, as well as the Benguela Province, Angola in April. Last year, MANNA also gave a grant to support a **Cholera Emergency Response** which was a joint effort between the Diocese of Bom Pastor & Divina Esperança.



Giving out emergency parcels in Angola



Receiving emergency parcels in Xai-Xai, Mozambique



Training to respond to the cholera epidemic

These events are a stark reminder of the profound reality of **climate justice**: the communities who have contributed the least to global carbon emissions are currently bearing the heaviest burden of climate catastrophe.

## What is Climate Justice?

Climate justice recognizes that those most **vulnerable** to the effects of climate change - like our partners in Mozambique and Angola - are often the **least** responsible for the emissions causing it. By supporting MANNA, you are helping build the resilience these communities need to survive and thrive.



# Emergency Fund Appeal

Earlier this year we supported an appeal from the Dioceses of Libombo & Maciene giving emergency parcels to families who had lost homes, crops and livelihoods from the recent floods. Read Ana's story below... 📌



"My name is Ana Adriano Nhantumbo. I am 35 years old and I live in Mapulango neighborhood, here in Marracuene district, Maputo Province.

Our house is a home for six people, but the focus of all our thoughts and prayers is on my 12-year-old son, Wilson. He was born with special needs; Wilson cannot walk or speak, and his entire world depends on me.

He is my greatest challenge and at the same time, the source of all my strength. Living in Mapulango was already a challenge before the rain came."

"We survive off the land & the part-time jobs my husband manages to find, but when you have a child with a disability, every geographical barrier becomes an insurmountable wall. Poverty was already weighing on us, but what happened recently was a blow I didn't expect."

"The water rose with such fury that we didn't have time to save our belongings - only our lives. Amid this scene of devastation, where all I could see was mud and loss, a ray of hope emerged thanks to the team from the local Anglican Church. When they arrived with the food baskets, I felt a weight lift off my shoulders. For the first time in weeks, I knew my children would have a full, decent meal. We received the rice, maize meal, oil, beans, and hygiene products we so desperately needed. But what really made me look to the future with new eyes wasn't just the food supplies. It was the fact that they recognized our resilience and gave us seeds."

"Those seeds represent my new beginning. They mean I won't have to depend solely on donations forever; they gave me the power to return to the land and rebuild my self-sufficiency."

**PLEASE GIVE!**

**Every year, the Dioceses face escalating climate emergencies. This year, our annual appeal aims to establish a dedicated Emergency Fund. This vital resource will allow us to quickly support local, diocesan-led relief efforts, ensuring immediate support reaches vulnerable individuals like Ana the moment disaster strikes.**




# Rio Pungue Vegetable & Fruit Farm

The Diocese of Rio Pungue has been setting up a vegetable and fruit farm with the 2024 MANNA Mustard Seed Fund grant.

So far, they have set up a solar panels & a water tower for an **irrigation system**. They have planted 200 orange trees, 100 lychee trees, cabbages, tomatoes, cucumbers and mbwete beans.



Members of the team surveying vegetables

 Join with us to pray that in the future, the continuing sales of this produce will support the Diocesan costs such as clergy salaries.

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## Bom Pastor Accountant

MANNA has been working in partnership with Bishop Filomena & the Diocese of Bom Pastor, Angola to help them grow **financial capacity** within the Diocese. Many Dioceses rely on volunteers to do this work and often they don't have the skills or equipment to do this vital task. Therefore MANNA has given a grant to Bom Pastor to fund a bookkeeper and hopefully find a long-term solution to this issue.

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## Mustard Seed Grant 2025 goes to...

**The Diocese of Niassa!** We're delighted to have given the 2025 grant to support Niassa Diocese' proposal to finish equipping **Kuchijinji Conference** centre to enable it to host events such as weddings and conferences. It is hope that this will generate income to support key administration salaries in the Diocese including a bookkeeper.

Since last year, the fund's focus is slightly different: MANNA is now looking to fund projects that enable Dioceses to recruit better qualified personnel - for example, bookkeepers.





# Bishop Dinis' Memoirs

**Bishop Dinis Sengulane is a towering figure in both the Anglican Communion and the history of Mozambique, widely revered as a tireless "Architect of Peace."**

Serving as the Bishop of Libombos for nearly 40 years, he played a **pivotal role** in mediating the end of Mozambique's devastating 16-year civil war, culminating in the 1992 Rome General Peace Accords.

He has recently written his memoirs and we are working with a group in South Africa to support getting them translated into English and published, entitled: **"A Pilgrimage Through the Beautiful World"**.



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## Prayer for IAMA

**As the 42nd and youngest province of the Anglican Communion, IAMA is currently navigating a season of challenges.**

While the church in Mozambique and Angola has roots over 100 years old, its journey as an independent Province is only five years old, a season naturally filled with the challenges and excitements of new growth. MANNA supporters may have seen media reports regarding disagreements within the Synod of Bishops.



So we ask you to join us in prayer for our brothers and sisters in leadership in IAMA. Transitions of this scale often come with complexities and we pray for the spirit of reconciliation and 'One Hope' to prevail, ensuring that the focus remains steadfast on the communities and churches we are all called to serve.





Juntos pela Saúde' (JpS) is a community health education project that is an umbrella for four innovative health projects that focus on low-cost, high impact interventions that address health needs in Niassa province, northern Mozambique.

A programme within the Diocese of Niassa, each of the projects provides opportunities for local people to learn together about health and encourages & supports them to share knowledge and **mobilize their communities** for lasting change.

The four projects are:

**Dois anos para a Saúde** - a rural community health project working with 21,000 people

**Estudos para a Vida (EPAV)** - a health education project in urban schools with 6,000 students in 18 schools

**Saúde para Todos** - women's health study and advocacy groups

**A Vida Continua** - action at both community and hospital level to improve the lives of people with severe mental illness and people who have had a stroke.



Students from EPAV discussing health topics

We are delighted to work with JpS & secure a grant of 59,000 Euros from Else Kröner-Fresenius-Stiftung to support **Dois anos para a Saúde** working in a Ngauma district over 2 years.



Passing on vital health topics to neighbours



JpS team meeting leaders in Ngauma community to plan new health course



Telling the community about health course coming to their villages